

10-Hour Value Project Ideas

(These ideas came from the book entitled "SHARING" which will be available before 2005 from Young Women Suggestions.)

- ✿ Organize a family reunion
- ✿ Organize a scripture reading program for your class. Invite the young men to participate, also.
- ✿ Organize your room. Create a filing system for papers you wish to keep.
- ✿ Become CPR certified
- ✿ Learn Sign Language
- ✿ Plant and care for a vegetable garden
- ✿ Volunteer at your local hospital
- ✿ Do a personal history on a grandparent, or other relative
- ✿ Write your own personal history
- ✿ Do baptisms for the dead once a week for two months
- ✿ Tie baby quilts and donate them to a shelter for abused women, or to a local hospital
- ✿ Learn to sew
- ✿ Make a family cookbook, and distribute
- ✿ Learn how to can vegetables, fruit, pie filling, jam, etc. . . Can some for your families food storage
- ✿ Babysit for the Relief Society Home Family Personal Enrichment Night for 6 months. You may want to do this with other young women.
- ✿ Plan the Trunk or Treat party (Halloween). Plan the "booths", assign each organization a job and make all phone calls and arrangements (with the YW Presidency help, of course). Be responsible for all the signs that need to be made, advertising, putting a reminder in the bulletin, etc.
- ✿ Have a toy drive and donate to your ward's nursery or to a children's hospital
- ✿ Work with the Achievement Day girls in your ward
- ✿ Cross-stitch your favorite temple, or the YW theme
- ✿ Make white hair scrunchies for the temple in your area. These are used for children being sealed to their parents, and for baptisms for the dead.
- ✿ Teach children in your ward piano
- ✿ Take the Family History Class in your ward or stake. Complete the 8-week course, and have your personal history and pedigree chart up to date by the time the class ends.

- ✿ Babysit for a couple in your ward who would like to attend ward choir practice together, but can't because they have little ones. Do this for 2 months.
- ✿ Compile a Testimony Book. Have members of your young women group, including leaders, your bishopric, RS and Primary Presidencies, friends, and neighbors write their testimonies down for you. Type them up and put into a 3-ring binder. You may also want to request testimonies from family and extended family members - don't forget grandma's and grandpa's. You could include the testimonies of your ancestors (if you have them). These testimonies do not have to be LDS based. Even members of other Faiths have a firm belief in the Savior.

Ideas that can help you come up with a Value Project

- ✿ Homemaking: cooking, cleaning, nutrition, sewing, cutting hair, laundry, ironing, stain removal, menu planning, budgeting, balancing a checkbook, canning, organizing, interior design, quick meals, time management, personal safety, quilting, tole painting, crochet/knit, scrapbooking, painting
- ✿ Child care: newborn, diaper changing, child birth, feeding toddlers, infant CPR, car seat safety, discipline, learn about the hospital process of childbirth - visit the Newborn nursery, volunteer in the nursery