

## CHRISTMAS SURVIVAL KIT

- ❄️ A stick of gum to remind you to stick with it.
- ❄️ A candle to remind you to burn brightly
- ❄️ A chocolate kiss to remind you that you are loved
- ❄️ A tootsie roll to remind you you're not to bite off more than you can chew
- ❄️ A pin to remind you to stay sharp
- ❄️ Smarties to help on those days that you don't feel too smart
- ❄️ A starburst to give you a burst of energy on those days you don't have any
- ❄️ A snickers to remind you to take time to laugh
- ❄️ A bag to help you keep it all together