

# Manual 1

#	Lesson	Hymns	Resource Guide	Personal Progress	Midweek Activity Ideas
# 1	<p>Understand her unique relationship to her Heavenly Father</p> <p>Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>Walk By Faith; Hymns #292;</p> <p>Did You Think To Pray, Hymns #140;</p> <p>As Sisters In Zion, Hymns #309</p>	<p>Gordon B. Hinckley, "<a href="#">How Can I Become the Woman of Whom I Dream?</a>" <i>Liahona</i>, July 2001, 112; <i>Ensign</i>, May 2001, 93. Relate the yearbook story to emphasize divine potential.</p> <p>David A. Bednar, "<a href="#">The Tender Mercies of the Lord.</a>" <i>Liahona</i> and <i>Ensign</i>, May 2005, 99. Use the story of the priesthood leader's dream to emphasize that Heavenly Father and Jesus Christ know each of us personally.</p> <p>Margaret D. Nadauld, "<a href="#">Hold High the Torch.</a>" <i>Liahona</i>, July 2002, 108; <i>Ensign</i>, May 2002, 96. Use the article to supplement the lesson's conclusion.</p>	DN1	<p>Faith Game Night based on James 1: 5-6 &amp; J. S. History 1: 11-20.</p> <p>Have youth read the scriptures, talk about the faith -</p> <p>Play Two Man Obstacle Course (AB p. 131) Relate to faith &amp; communication required to do well.</p> <p>From FHE select, prepare, and present class lesson on faith in God. Involve class members. Use stories and activities showing that God lives and loves each of his children Then give the lesson to family at FHE -</p> <p>Attend as a class a baptismal service, write a letter to new member -</p>
# 2	<p>Realize Jesus Christ is her Savior, his atonement makes it possible for her to be resurrected and live with God again.</p> <p>Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"Come Follow Me", Hymns #116;</p> <p>"I Believe in Christ", Hymns #134;</p> <p>I Know That My Redeemer Lives', Hymns #136;</p> <p>"I Stand All Amazed", Hymns #193</p>	<p>The First Presidency and Quorum of the Twelve Apostles, "<a href="#">He Lives.</a>" <i>Liahona</i> and <i>Ensign</i>, Dec. 2004, 6. Use the testimonies of the prophets and apostles to supplement the lesson.</p> <p>James E. Faust, "<a href="#">The Atonement: Our Greatest Hope.</a>" <i>Liahona</i>, Jan. 2002, 19; <i>Ensign</i>, Nov. 2001, 18. Consider using the article during the discussion about the Atonement.</p> <p>Robert D. Hales, "<a href="#">Finding Faith in the Lord Jesus Christ.</a>" <i>Liahona</i> and <i>Ensign</i>, Nov. 2004, 70. Use Elder Hales's suggestions on how to develop faith in Jesus Christ to supplement the lesson.</p>	F2, DN2, F4, DN4, F5	<p>Have cozy fireside at a home. Using picture of Savior, or story about him from scriptures, discuss his divine qualities with class.</p> <p>Goal Setting - build self-mastery &amp; develop leadership skills (see AB p 4) Then write letter to self &amp; include plans for your life. -</p> <p>Study Sacrament prayers, journal</p>
# 3	<p>Strive to follow the example of Jesus Christ</p> <p>Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"Come Follow Me", Hymns #116 ;</p> <p>"I Believe in Christ", Hymns #134;</p> <p>"Lord, I Would Follow Thee", Hymns #220;</p> <p>"The Lord is My Light", Hymns #89</p>	<p>L. Tom Perry, "<a href="#">Discipleship.</a>" <i>Liahona</i>, Jan. 2001, 72; <i>Ensign</i>, Nov. 2000, 60. Use the article in place of the last story in the lesson.</p> <p>Elaine S. Dalton, "<a href="#">He Knows You by Name.</a>" <i>Liahona</i> and <i>Ensign</i>, May 2005, 109. Use the article to supplement the discussion on following Jesus Christ.</p>	DN4	<p>Goal setting, becoming more Christ-like in word / deed</p> <p>Identify His Divine Qualities - observe them</p>
# 4	<p>Strive to be worthy of constant companionship of the Holy Ghost</p> <p>Handout:</p>	<p>"True to the Faith", Hymns #254;</p> <p>"As Zion's Youth", Hymns #256;</p> <p>"Families Can Be Together</p>	<p>James E. Faust, "<a href="#">Communion with the Holy Spirit.</a>" <i>Liahona</i>, Mar. 2002, 2; <i>Ensign</i>, Mar. 2002, 3. Use the section on how to receive revelation in the conclusion.</p>	C&A5	<p>Pray for as you watch others' good qualities -</p> <p>Ask to hear when others have been prompted -</p>

	<a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a>  <a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a>	<p>Forever", Hymns #300;</p> <p>"Have I Done Any Good?", Hymns #223</p>	<p>Boyd K. Packer, "<u>The Light of Christ</u>," <i>Liahona</i> and <i>Ensign</i>, Apr. 2005, 8. Use the article to explain the difference between the Spirit of Christ and the gift of the Holy Ghost.</p> <p>Sharon G. Larsen, "<u>Your Celestial Guide</u>," <i>Liahona</i>, July 2001, 104; <i>Ensign</i>, May 2001, 86. Tell Sister Larsen's experience in place of Jenny's story.</p>		<p>How can the Holy Ghost help you? -</p> <p>Increase understanding of Holy Ghost -</p>
# 5	<p>Understand her divine potential and learn to find joy in it</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"Love at Home", Hymns #294;</p> <p>"Now Let Us Rejoice", Hymns #3;</p> <p>"You Can Make the Pathway Bright", Hymns #228</p>	<p>James E. Faust, "Who Do You Think You Are?—A Message to Youth," <i>Liahona</i>, June 2001, 2; "Who Do You Think You Are?" <i>Ensign</i>, Mar. 2001, 2; <i>New Era</i>, Mar. 2001, 4. Use the five ideas to discuss how to find joy in different stages of life.</p> <p>Margaret D. Nadauld, "The Joy of Womanhood," <i>Liahona</i>, Jan. 2001, 17; <i>Ensign</i>, Nov. 2000, 14. Use the article to supplement the lesson.</p>	C&A5	<p>Identify your divine qualities within you – and share</p>
# 6	<p>Feel joy of being an LDS woman today</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"Scatter Sunshine", Hymns #230;</p> <p>"Let Us All Press On", Hymns #243;</p> <p>"Now Let Us Rejoice", Hymns #30;</p> <p>"On This Day of Joy and Gladness", Hymns # 64</p>	<p>Thomas S. Monson, "<u>Finding Peace</u>," <i>Liahona</i> and <i>Ensign</i>, Mar. 2004, 3. Use the three sections in the article to discuss ways to find joy.</p> <p>James E. Faust, "<u>The Virtues of Righteous Daughters of God</u>," <i>Liahona</i> and <i>Ensign</i>, May 2003, 108; "<u>Ten Ways to Make a Difference</u>," <i>New Era</i>, Nov. 2004, 4. List the 10 virtues in the article, and discuss how they can make us happy.</p> <p>"<u>Questions and Answers</u>," <i>Liahona</i>, Apr. 2005, 22; <i>New Era</i>, Apr. 2005, 16. Use this article to start a discussion on how to be happy despite inadequacies.</p>	IW4	<p>Mother-Daughter fun+</p> <p>As a class review a previous satellite broadcast on videocassette from library .</p> <p>Share a talent at a talent night.</p> <p>As a class visit Family History Library with your leaders. Have demonstration &amp; report your experience to parents.</p>
# 7	<p>Better appreciate the joys that come from homemaking</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"As Sisters in Zion", Hymns #309;</p> <p>"Each Life That Touches Ours for Good", Hymns #293;</p> <p>For the Beauty of the Earth, Hymns #92;</p> <p>"Love at Home", Hymns #294, #318;</p> <p>"Teach Me to Walk in the Light", Hymns #304</p>	<p>Thomas S. Monson, "<u>Hallmarks of a Happy Home</u>," <i>Liahona</i> and <i>Ensign</i>, Oct. 2001, 2. Use the four hallmarks in the article to conclude the lesson.</p> <p>Susan W. Tanner, "<u>Strengthening Future Mothers</u>," <i>Liahona</i>, June 2005, 16; <i>Ensign</i>, June 2005, 20. Consider substituting the article for the lesson.</p>	GW6, K2, IW5 K1, K5	<p>Homemaking skills (home repair, clothing, infant care, cooking, cleaning, money management) Relay Race</p> <p>Service Scavenger Hunt</p> <p>Class clean an elderly or sick person's house</p> <p>Plan, shop, cook &amp; serve dinner to parents, YM, etc. Learn the rules of etiquette before hand.</p> <p>Family tradition night - share -</p>
# 8	<p>Develop a positive attitude about her divine roles of wife &amp; mother</p> <p>Handout:</p>	<p>"From Homes of Saints Glad Songs Arise", Hymns #297;</p> <p>"Home Can Be a Heaven on Earth", Hymns #298;</p>	<p>James E. Faust, "<u>The Virtues of Righteous Daughters of God</u>," <i>Liahona</i> and <i>Ensign</i>, May 2003, 108; "<u>Ten Ways to Make a Difference</u>," <i>New Era</i>, Nov. 2004, 4. Discuss the 10 virtues in the article to help the young women learn about their divine</p>	DN6	<p>Guest speaker on motherhood</p> <p>A Day off For Mother*</p> <p>Seasons of Time*</p>

	<p><a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p>www.christysclipart.com/manual1.html</p>	<p>Hymns #298;</p> <p>"In Our Lovely Deseret", Hymns #307;</p> <p>"O My Father", Hymns #292</p>	<p>roles.</p> <p>M. Russell Ballard, "<u>Women of Righteousness</u>," <i>Liahona</i>, Dec. 2002, 34; <i>Ensign</i>, Apr. 2002, 66. Use the article to supplement the lesson.</p>		
# 9	<p>Try to improve relationship with her parents</p> <p>Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p>www.christysclipart.com/manual1.html</p>	<p>"Pioneer Children", Primary Songbook, pg 214;</p> <p>"Children of our Heavenly Father", Hymns #299;</p> <p>"I Am a Child of God", Hymns #301,</p> <p>"Teach Me to Walk in the Light", Hymns #304;</p> <p>In Our Lovely Deseret, Hymns #307;</p> <p>Because I Have Been Given Much, Hymns #219</p>	<p>Thomas S. Monson, "<u>Be Thou an Example</u>," <i>Liahona</i> and <i>Ensign</i>, May 2005, 112. Use the section about honoring parents to supplement the lesson.</p> <p>"<u>Our Greatest Happiness</u>," <i>Liahona</i>, June 2003, 26; <i>New Era</i>, June 2003, 12. Use the quotes on parents for a handout or to introduce the lesson.</p>	DN3, DN5	<p>Parent Appreciation Night* -</p> <p>Daddy/Daughter Date Night*</p> <p>Bride's Night+ * Mother Daughter "Tea"</p> <p>Make Stationary - write notes to Parents -Mom</p> <p>Learn to be obedient</p>
# 10	<p>Learn how to support and be loyal to her family</p> <p>Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p>www.christysclipart.com/manual1.html</p>	<p>"Pioneer Children", Primary Songbook, pg 214;</p> <p>"Children of our Heavenly Father", Hymns #299;</p> <p>"I Am a Child of God", Hymns #301,</p> <p>"Teach Me to Walk in the Light", Hymns #304;</p> <p>In Our Lovely Deseret, Hymns #307;</p> <p>Because I Have Been Given Much, Hymns #219</p>	<p>James E. Faust, "<u>Enriching Our Lives through Family Home Evening</u>," <i>Liahona</i> and <i>Ensign</i>, June 2003, 2. Discuss the nine suggestions and how they can help strengthen family relations.</p> <p>Camielle Call-Tarbet, "<u>A Note from Michael</u>," <i>Liahona</i>, May 2001, 23; <i>New Era</i>, June 1998, 17. Read the story to start the discussion on "Supporting Each Brother and Sister."</p> <p>"<u>Questions and Answers</u>," <i>Liahona</i>, Feb. 2004, 30; <i>New Era</i>, Feb. 2004, 16. Use this article to supplement the discussion on "Supporting Your Father."</p>	IW5, K1, IW6, GW1 to GW7, DN3	<p>Family Appreciation Night* Communication- Showing Love*</p> <p>Making Home a Heaven+ Video "The Mailbox" &amp; write letters to Grandparents</p> <p>Share with class experience from lives of parents or grandparents.</p> <p>As a class visit family history center.</p> <p>Invite grandparents or older LDS couple who have been married many years</p> <p>to talk about qualities for eternal marriage.</p> <p>Family tradition night - share –</p> <p>Make a family flag - The AB - p. 19</p> <p>Do quiet acts of service for family - make something</p> <p>Support a family member in activities -</p>
# 11	<p>Recognize she is growing in independence and will seek to become more self-reliant</p> <p>Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p>www.christysclipart.com/manual1.html</p>	<p>"Put Your Shoulder to the Wheel", Hymns #252;</p> <p>"Come, Come Ye Saints", Hymns #30;</p> <p>"How Firm a Foundation", Hymns #85;</p> <p>"My Country, 'Tis of Thee", Hymns #339;</p>	<p>Boyd K. Packer, "<u>Spiritual Crocodiles</u>," <i>Liahona</i>, Oct. 2002, 8; <i>New Era</i>, Oct. 2001, 8. Consider using the article in place of the poem and to discuss how to confront spiritual dangers.</p> <p>Mary Ellen W. Smoot, "<u>Seeking Solutions</u>," <i>Ensign</i>, Feb. 2002, 42. After the quiz, review the four solutions to solving problems, using the examples from the article where needed.</p>	K1, K2, K4	<p>Learning Independence Skills Learning to budget - AB p. 17</p> <p>Making Home a Heaven+</p> <p>Homemaking night - Learn to iron shirt, plan &amp; cook a meal, good nutrition, cleaning skills, simple maintenance repairs, etc.</p> <p>Sewing Class - invite expert to help make simple article of clothing</p>

		"As Zion's Youth", Hymns #256;			
# 12	<p>Seek to strengthen her relationship with her family as she becomes more self-reliant</p> <p>Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"Put Your Shoulder to the Wheel", Hymns #252;</p> <p>"Come, Come Ye Saints", Hymns #30;</p> <p>"How Firm a Foundation", Hymns #85;</p> <p>"My Country, 'Tis of Thee", Hymns #339;</p> <p>"As Zion's Youth", Hymns #256;</p>	<p>James E. Faust, "Who Do You Think You Are?—A Message to Youth," <i>Liahona</i>, June 2001, 2; "<u>Who Do You Think You Are?</u>" <i>Ensign</i>, Mar. 2001, 2; <i>New Era</i>, Mar. 2001, 4. Substitute the dramatizations with the examples from the article.</p> <p>Russell M. Nelson, "<u>Identity, Priority, and Blessings.</u>" <i>Ensign</i>, Aug. 2001, 6. After Elder McConkie's quote, discuss "Connecting Identity, Priority, and Blessings" from the article.</p>	K1	<p>Learning independence skills -</p> <p>Making Home a Heaven+</p>
# 13	<p>Learn the importance of sustaining priesthood leadership</p> <p>Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"Praise to the Man", Hymns #27;</p> <p>"A Poor Wayfaring Man of Grief", Hymns #29;</p> <p>"God of Our Fathers, We Come unto Thee", Hymns #76;</p> <p>'Called to Serve", Hymns 249;</p> <p>"Hark, All Ye Nations!", Hymns #264;</p> <p>"Because I Have Been Given Much", Hymns #219;</p> <p>"Have I Done Any Good", Hymns #223;</p> <p>"Lord, I Would Follow Thee", Hymns #220,</p> <p>"Love One Another", hymns #308;</p>	<p>Russell M. Nelson, "<u>Personal Priesthood Responsibility.</u>" <i>Liahona</i> and <i>Ensign</i>, Nov. 2003, 44. Review the five personal objectives in discussing how to sustain priesthood holders.</p> <p>J. Richard Clarke, "<u>To Honor the Priesthood.</u>" <i>Ensign</i>, May 1991, 41; "<u>No Big Deal?</u>" <i>New Era</i>, Sept. 2001, 46. Use in a discussion on how to strengthen young priesthood holders.</p>	IW6, GW1	<p>Bishopric Appreciation Night* / Melchizedek Priesthood Appreciation Night</p> <p>"Newlywed's" Bishopric's game</p> <p>Patriarch Dinner/Night - invite Stake Patriarch to visit and speak about patriarchal blessings.</p> <p>Fireside in home-Each girl prepare a scripture to share and discuss</p>
# 14	<p>Understand the patriarchal order in the home</p> <p>Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"Praise to the Man", Hymns #27;</p> <p>"A Poor Wayfaring Man of Grief", Hymns #29;</p> <p>"God of Our Fathers, We Come unto Thee", Hymns #76;</p> <p>'Called to Serve", Hymns 249;</p> <p>"Hark, All Ye Nations!", Hymns #264;</p> <p>"Because I Have Been Given Much", Hymns #219;</p> <p>"Have I Done Any Good", Hymns #223;</p> <p>"Lord, I Would Follow Thee", Hymns #220,</p>	<p>The Quorum of the Twelve Apostles, "<u>Father, Consider Your Ways.</u>" <i>Ensign</i>, June 2002, 12. After the discussion on the quiz, use to review the roles of a father.</p> <p>L. Tom Perry, "<u>Fatherhood, an Eternal Calling.</u>" <i>Liahona</i> and <i>Ensign</i>, May 2004, 69. Use to talk about the role of fathers today.</p>	F3, F7	<p>Father Appreciation Night*</p> <p>Learning about Fathers - The Activity Book P. 15-16</p> <p>Invite priesthood member - Learn of Patriarchal Order from scriptures</p>

		hymns #308;			
# 15	<p>Understand the duties and obligations of Melchizedek Priesthood holders</p> <p>Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"Praise to the Man", Hymns #27;</p> <p>"A Poor Wayfaring Man of Grief", Hymns #29;</p> <p>"God of Our Fathers, We Come unto Thee", Hymns #76;</p> <p>"Called to Serve", Hymns 249;</p> <p>"Hark, All Ye Nations!", Hymns #264</p> <p>;"Because I Have Been Given Much", Hymns #219;</p> <p>"Have I Done Any Good", Hymns #223;</p> <p>"Lord, I Would Follow Thee", Hymns #220</p> <p>, "Love One Another", hymns #308;</p>	<p>Boyd K. Packer, "<u>What Every Elder Should Know—and Every Sister as Well: A Primer on Principles of Priesthood Government.</u>" <i>Tambuli</i>, Nov. 1994, 15; <i>Ensign</i>, Feb. 1993, 6. Use to supplement the lesson.</p> <p>John H. Groberg, "<u>Priesthood Power.</u>" <i>Liahona</i>, July 2001, 51; <i>Ensign</i>, May 2001, 43. Use to supplement the section "Receiving the Melchizedek Priesthood Is a Great Blessing."</p>	DN5	Honoring the Priesthood activity* Make bread and save for the Sacrament on Sunday Request a blessing at a needed time
# 16	<p>Understand a woman and her husband can enter the highest degree of the celestial kingdom only together</p> <p>Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"Praise to the Man", Hymns #27;</p> <p>"A Poor Wayfaring Man of Grief", Hymns #29;</p> <p>"God of Our Fathers, We Come unto Thee", Hymns #76</p> <p>'Called to Serve", Hymns 249;</p> <p>"Hark, All Ye Nations!", Hymns #264;</p> <p>"Because I Have Been Given Much", Hymns #219;</p> <p>"Have I Done Any Good", Hymns #223;</p> <p>"Lord, I Would Follow Thee", Hymns #220,</p> <p>"Love One Another", hymns #308;</p>	<p>James E. Faust, "<u>Fathers, Mothers, Marriage.</u>" <i>Liahona</i> and <i>Ensign</i>, Aug. 2004, 2. Use as needed to complement the lesson.</p> <p>Sheri L. Dew, "<u>It Is Not Good for Man or Woman to Be Alone.</u>" <i>Liahona</i>, Jan. 2002, 13; <i>Ensign</i>, Nov. 2001, 12. Use to supplement the section "Women Have an Important Relationship to Men and the Priesthood."</p>		<p>Teach YM homemaking skills, service project, etc.</p> <p>What Kind of Man Do You Want to Marry?+ Candy Bar man</p> <p>Have grandparents/older couple talk on qualities for eternal marriage.</p> <p>Newlyweds speak</p> <p>Share what you have learned -</p>
# 17	<p>Understand how making covenants and receiving ordinances influence her life.</p> <p>Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"I Love to See the Temple", Primary Songbook, pg 95;</p> <p>"Families Can Be Together Forever", Primary Songbook, pg 188, Hymns #300;</p> <p>"High on the Mountain Top", Hymns #5;</p> <p>"The Day Dawn Is Breaking", Hymns #52;</p> <p>"We Love Thy House, O God", Hymns #247;</p>	<p>Russell M. Nelson, "<u>Prepare for Blessings of the Temple.</u>" <i>Ensign</i>, Mar. 2002, 16. Use to supplement discussion on making sacred covenants.</p> <p>Dennis B. Neuenschwander, "<u>Ordinances and Covenants.</u>" <i>Liahona</i>, Nov. 2001, 16; <i>Ensign</i>, Aug. 2001, 20. Consider including in the discussion about the responsibilities of keeping covenants.</p> <p>F. David Stanley, "<u>The Most Important Step.</u>" <i>Liahona</i>, Oct. 2001. 34: <i>New Era</i>. June 2000.</p>	GW6, GW1, I1	<p>Temple Night/Newlyweds (dressed in white dresses, speak of sealings)</p> <p>Baby-sit for couple going to temple without charge.</p> <p>Make a Temple Baby-sitting Kit as a class</p> <p>Make Baptism Coloring books for Primary 7 yr olds (gospel story graphics),</p> <p>Do Baptisms for the Dead</p> <p>Display favorite temple -</p>

		Hymns #82;  "God Is in His Holy Temple", Hymns #132;  "Turn Your Hearts", Hymns #291	20. Use the article to explain the power gained through living covenants.		
# 18	Understand that temple marriage is necessary for eternity family life  Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a>  www.christysclipart.com/manual1.html	"I Love to See the Temple", Primary Songbook, pg 95;  "Families Can Be Together Forever", Primary Songbook, pg 188, Hymns #300;  "High on the Mountain Top", Hymns #5;  "The Day Dawn Is Breaking", Hymns #52;  "We Love Thy House, O God", Hymns #247;  "For All The Saints", Hymns #82;  "God Is in His Holy Temple", Hymns #132;  "Turn Your Hearts", Hymns #291	Gordon B. Hinckley, " <a href="#">The Marriage That Endures</a> ," <i>Liahona</i> and <i>Ensign</i> , July 2003, 2. Use the article to replace or enhance stories throughout the lesson.  Russell M. Nelson, " <a href="#">Personal Preparation for Temple Blessings</a> ," <i>Liahona</i> , July 2001, 37; <i>Ensign</i> , May 2001, 32. Include ideas from the section on preparing for temple marriage.  <a href="#">Special issue</a> , <i>Liahona</i> , Oct. 2004; <i>New Era</i> , Oct. 2004. Use to supplement the lesson.	15	Temple Marriage activity*  Young Woman Recognition Night+
# 19	Realize the importance of keeping a personal journal  Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a>  www.christysclipart.com/manual1.html	"I Love to See the Temple", Primary Songbook, pg 95;  "Families Can Be Together Forever", Primary Songbook, pg 188, Hymns #300;  "High on the Mountain Top", Hymns #5;  "The Day Dawn Is Breaking", Hymns #52;  "We Love Thy House, O God", Hymns #247;  "For All The Saints", Hymns #82; "God Is in His Holy Temple", Hymns #132;  "Turn Your Hearts", Hymns #291	James E. Faust, " <a href="#">The Phenomenon That Is You</a> ," <i>Liahona</i> and <i>Ensign</i> , Nov. 2003, 53. Use with the section "Records of Progenitors Can Bring Joy and Strength."  Boyd K. Packer, " <a href="#">Your Family History: Getting Started</a> ," <i>Liahona</i> and <i>Ensign</i> , Aug. 2003, 12. After the quiz, use the article to show how to begin family history.  Pamela J. Reid, " <a href="#">Pink and White Pages</a> ," <i>Ensign</i> , Aug. 2001, 59. Include the story after the question about keeping a personal record.	C&A6, C&A3 GW1, DN3, F3	Journal making/keeping ideas * Journal Jars+ * Family History activity  Journal thoughts on Sacrament  Journal theme, agency  Journal thoughts on service  on choices in the year –  on how Heavenly Father sees his children -  Record conversion of you/ancestor  Write letter to self for future
# 20	Extend friendship to other girls and encourage them to participate in Church activities and meetings  Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a>  www.christysclipart.com/manual1.html	"Behold! A Royal Army", Hymns #251;  "Arise, O Glorious Zion", Hymns #40;  "Called To Serve", Hymns #249;  "Faith of Our Fathers", Hymns #84;  "What Was Witnessed", Hymns #11;  "The Light Divine", Hymns #305;	M. Russell Ballard, " <a href="#">Doctrine of Inclusion</a> ," <i>Liahona</i> , Jan. 2002, 40; <i>Ensign</i> , Nov. 2001, 35. Use examples from the article to encourage friendship with everyone.  Alison Tanner, " <a href="#">Noticing Sarah</a> ," <i>New Era</i> , Apr. 2002, 9. Include this story as an example of reaching out to others.	DN3, F2, DN2, IW3, I2, F3, F7, GW6, I4	Friendshipping activity for specific inactive Make Friendship Bracelets

		<p>"Army of Helaman / We'll Bring The World His Truth", Primary Songbook, pg 172;</p> <p>"I Hope They Call Me on a Mission", Primary Songbook, pg 169;</p> <p>"I'll Go Where You Want Me to Go", Hymns #270;</p> <p>"O Saints of Zion", Hymns #39</p>			
# 21	<p>Set a righteous example for others to follow</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p>www.christysclipart.com/manual1.html</p>	<p>"Behold! A Royal Army", Hymns #251;</p> <p>"Arise, O Glorious Zion", Hymns #40;</p> <p>"Called To Serve", Hymns #249;</p> <p>"Faith of Our Fathers", Hymns #84;</p> <p>"What Was Witnessed", Hymns #11;</p> <p>"The Light Divine", Hymns #305;</p> <p>"Army of Helaman / We'll Bring The World His Truth", Primary Songbook, pg 172;</p> <p>"I Hope They Call Me on a Mission", Primary Songbook, pg 169;</p> <p>"I'll Go Where You Want Me to Go", Hymns #270;</p> <p>"O Saints of Zion", Hymns #39</p>	<p>Thomas S. Monson, "<u>Be Thou an Example.</u>" <i>Liahona</i>, Jan. 2002, 115; <i>Ensign</i>, Nov. 2001, 98. Substitute one of President Monson's experiences for Sister Casper's story.</p> <p>James E. Faust, "<u>The Virtues of Righteous Daughters of God.</u>" <i>Liahona</i> and <i>Ensign</i>, May 2003, 108. Include President Faust's 10 virtues in the lesson application.</p>	<p>DN3, F2, DN2, IW3, I2, F3, F7, IW3, GW6, I4</p>	<p>Service project, friendshiping -</p> <p>LAMBs (Less Active Members Back) * Paint lambs to remember less actives</p> <p>Learn from missionaries how to share the gospel</p> <p>How our behavior affects others -</p>
# 22	<p>Understand the principle of repentance</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p>www.christysclipart.com/manual1.html</p>	<p>"Come Unto Him", Hymns #114;</p> <p>"Father in Heaven, We Do Believe", Hymns #180;</p> <p>"How Gentle God's Commands", Hymns #125;</p> <p>"Lead, Kindly Light", Hymns #97;</p>	<p>Richard G. Scott, "<u>Peace of Conscience and Peace of Mind.</u>" <i>Liahona</i> and <i>Ensign</i>, Nov. 2004, 15. Include Elder Scott's counsel in the section on "Repentance Is a Continuing Process."</p> <p>Jay E. Jensen, "<u>Do You Know How to Repent?.</u>" <i>Liahona</i>, Apr. 2002, 14; <i>New Era</i>, Nov. 1999, 4. Insert the article's conditions of repentance in the first section</p>	<p>DN3, DN7, C&amp;A2, C&amp;A7, DN3</p>	<p>Problem Solving Activities - The Activity Book p. 130</p>
# 23	<p>Learn importance of forgiving others</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p>www.christysclipart.com/manual1.html</p>	<p>"Did You Think to Pray?", Hymns #140;</p> <p>"Lord, I Would Follow Thee", Hymns #220;</p> <p>"Father in Heaven, We Do Believe", Hymns #180;</p> <p>"I Need Thee Every Hour", Hymns #98;</p> <p>"Be Still, My Soul", Hymns #124;</p>	<p>Gordon B. Hinckley, "<u>You Can Be Forgiven.</u>" <i>New Era</i>, Oct. 2001, 4. Add "This Is the Time" to the fourth section of the lesson.</p> <p>Cecil O. Samuelson Jr., "<u>Forgiveness.</u>" <i>Liahona</i>, Feb. 2003, 26; <i>Ensign</i>, Feb. 2003, 48. Use the article to supplement the section on how the Savior taught forgiveness.</p>		<p>Being kind and tenderhearted</p> <p>Children of Worth game* (Use activities from last week also)</p>

# 24	<p>Realize the great value of daily prayer and meditation in her life</p> <p>Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p>www.christysclipart.com/manual1.html</p>	<p>"Joseph Smith's First Prayer", Hymns #26;</p> <p>"God is Love", Hymns #87;</p> <p>"My Redeemer Lives", Hymns #135;</p> <p>"God Speed the Right", Hymns #106;</p> <p>"Secret Prayer", Hymns #144</p>	<p>James E. Faust, "<u>The Lifeline of Prayer</u>," <i>Liahona</i>, July 2002, 62; <i>Ensign</i>, May 2002, 59. Consider replacing H. Burke Peterson's quote with President Faust's counsel on prayer.</p> <p>Russell M. Nelson, "<u>Sweet Power of Prayer</u>," <i>Liahona</i> and <i>Ensign</i>, May 2003, 7. Insert Elder Nelson's teachings about prayer in the last section.</p>	<p>F1, F3, F7, IW7</p>	<p>Prepare a quote box (everyone brings some and quote books and file)</p> <p>Prepare for your prayers - Pray for someone in need -</p> <p>Story night - prayer stories</p>
# 25	<p>Seek to improve her Sabbath day observance</p> <p>Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p>www.christysclipart.com/manual1.html</p>	<p>"Sabbath Day", Hymns #148;</p> <p>"Sweet Is the Work", hymns #147;</p> <p>"Welcome, Welcome Sabbath Morning", Hymns #280;</p> <p>'Tis Sweet to Sing", Hymns #176</p>		<p>F3, F4 DN4, I6</p>	<p>Journal Jars+ for Sunday activity</p> <p>Make a Plan Night - Identify Sabbath day activities</p> <p>Study Sacrament prayers, journal</p>
# 26	<p>Know how to obtain, strengthen, and share her testimony</p> <p>Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p>www.christysclipart.com/manual1.html</p>	<p>"Glory to God on High", Hymns # 67;</p> <p>"I Believe in Christ", Hymns #134;</p> <p>"I Know My Father Lives", Hymns #302;</p> <p>"I Know That My Redeemer Lives", Hymns #136;</p> <p>"The Lord is My Light", Hymns #89</p>		<p>F5, F6, K4, GW4</p>	<p>Testimony Teddy</p> <p>How does Faith grow? Plant a seed -</p>
# 27	<p>Gain an increased desire to study the scriptures daily</p> <p>Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p>www.christysclipart.com/manual1.html</p>	<p>"Search, Ponder, and Pray", Primary Songbook, pg 109;</p> <p>"Press Forward, Saints", Hymns #81;</p> <p>"The Iron Rod", Hymns #274;</p> <p>"How Firm a Foundation", Hymns #85</p>		<p>K4</p>	<p>Scripture marking/studying ideas * Scripture Chase - AB p. 4</p> <p>So You Want to Marry a Moroni+ all BH, MM, Laurel Responsibilities</p> <p>Feast Upon the Word (Menu items looked up In the scriptures)</p> <p>Learn of faith through scriptures, journal of agency</p> <p>Look up scriptures to church hymns -</p> <p>How the scriptures help you with problems</p> <p>Mark favorite scriptures w/ picture, testimony &amp; give to the missionaries</p>
# 28	<p>Recognize the need to fortify herself to overcome temptations</p> <p>Handout:</p>	<p>"The Spirit of God", Hymns #2;</p> <p>"Precious Savior, Dear Redeemer", Hymns #103;</p>		<p>C&amp;A4</p>	

	<a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a>  <a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a>	"I Know My Father Lives", Hymns #302;  "Dearest Children, God is Near You", Hymns #96			
# 29	Recognize the responsibilities her generation has to prepare for the Second Coming  Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a>  <a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a>	"Joy to the World", Hymns #201;  "Redeemer of Israel, Hymns #6;  "The Day Dawn is Breaking", Hymns #52;  "O Saints of Zion", Hymns #39;  "Now Let Us Rejoice", Hymns #3		C&A4	Helaman's 2000 warriors
# 30	Find joy in serving  Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a>  <a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a>	"A Poor Wayfaring Man of Grief", Hymns #29;  "As Sisters in Zion", Hymns #309;  "Because I Have Been Given Much", Hymns #219;  "Called to Serve", Hymns #249;  "Have I Done Any Good", Hymns #223;  "Let us All Press On", Hymns #243;  "Put Your Shoulder to the Wheel", Hymns #252; "  Love One Another", Hymns #308;  "Scatter Sunshine", Hymns #230;  "Who's On the Lord's Side?", Hymns #260		GW1, GW3, GW4, GW5, GW6	ABC Scavenger Hunt (collect cans by alphabet & donate to charity)  Service Project * Good Works Scavenger Hunt  Babysit for those serving or attending the temple -
# 31	Learn that wholesome group activities can help develop friendships between boys and girls  Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a>  <a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a>	"Choose the Right", Hymns #239;  "Do What is Right", Hymns #237;  "True to the Faith", Hymns #254;  "Keep the Commandments", Hymns #303;  "More Holiness Give Me", Hymns #131;  "Truth Reflects Upon Our Senses", Hymns #273;  "Teach Me To Walk in the Light", Hymns #304;  "I Walk By Faith;		C&A2, C&A6	Discussion on group activities with YM Dating Panel with YM  For the Strength of Youth Jeopardy+ The Activity Book

		<p>Republic", Hymns #60;</p> <p>"Let the Holy Spirit Guide", Hymns #143;</p> <p>"As Zion's Youth in Latter Days", Hymns #256;</p> <p>"We Are All Enlisted", Hymns #250</p>			
# 32	<p>Understand how self-discipline helps her live a virtuous life</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"Choose the Right", Hymns #239;</p> <p>"Do What is Right", Hymns #237;</p> <p>"True to the Faith", Hymns #254;</p> <p>"Keep the Commandments", Hymns #303;</p> <p>"More Holiness Give Me", Hymns #131;</p> <p>"Truth Reflects Upon Our Senses", Hymns #273;</p> <p>Teach Me To Walk in the Light", Hymns #304;</p> <p>"I Walk By Faith";</p> <p>"Battle Hymn of the Republic", Hymns #60;</p> <p>"Let the Holy Spirit Guide", Hymns #143;</p> <p>"As Zion's Youth in Latter Days", Hymns #256;</p> <p>"We Are All Enlisted", Hymns #250</p>		F5, 11, 12, 17	<p>Purity and self-discipline</p> <p>Controlling temper -</p>
# 33	<p>Recognize and avoid degrading media</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"Choose the Right", Hymns #239;</p> <p>"Do What is Right", Hymns #237;</p> <p>"True to the Faith", Hymns #254;</p> <p>"Keep the Commandments", Hymns #303;</p> <p>"More Holiness Give Me", Hymns #131;</p> <p>"Truth Reflects Upon Our Senses", Hymns #273;</p> <p>"Teach Me To Walk in the Light", Hymns #304;</p> <p>"I Walk By Faith";</p> <p>"Battle Hymn of the Republic", Hymns #60;</p> <p>"Let the Holy Spirit Guide", Hymns #143</p> <p>As Zion's Youth in Latter Days", Hymns #256;</p>		K6, C&A2, 11, 17	<p>Standards, choosing good media * Music section of The Activity Book p. 89-95</p> <p>Learn to lead music -</p> <p>Memorize hymn-</p> <p>Write local station -</p>

		Hymns #250			
# 34	<p>Understand that virtuous thoughts lead to a virtuous life</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"Choose the Right", Hymns #239; "</p> <p>Do What is Right", Hymns #237;</p> <p>"True to the Faith", Hymns #254;</p> <p>Keep the Commandments", Hymns #303;</p> <p>"More Holiness Give Me", Hymns #131;</p> <p>"Truth Reflects Upon Our Senses", Hymns #273;</p> <p>"Teach Me To Walk in the Light", Hymns #304;</p> <p>"I Walk By Faith";</p> <p>"Battle Hymn of the Republic", Hymns #60;</p> <p>"Let the Holy Spirit Guide", Hymns #143;</p> <p>"As Zion's Youth in Latter Days", Hymns #256;</p> <p>"We Are All Enlisted", Hymns #250</p>		<p>K6, C&amp;A3, C&amp;A7, I4, I2</p>	<p>Standards, choosing good media *</p> <p>Choices are part of the plan -</p> <p>Study 13<sup>th</sup> A of F -</p>
# 35	<p>Learn to live righteously amid pressure</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"Choose the Right", Hymns #239; "</p> <p>Do What is Right", Hymns #237;</p> <p>"True to the Faith", Hymns #254;</p> <p>Keep the Commandments", Hymns #303;</p> <p>"More Holiness Give Me", Hymns #131;</p> <p>"Truth Reflects Upon Our Senses", Hymns #273;</p> <p>"Teach Me To Walk in the Light", Hymns #304;</p> <p>"I Walk By Faith";</p> <p>"Battle Hymn of the Republic", Hymns #60;</p> <p>"Let the Holy Spirit Guide", Hymns #143;</p> <p>"As Zion's Youth in Latter Days", Hymns #256;</p> <p>"We Are All Enlisted", Hymns #250</p>		<p>F1, C&amp;A5</p>	<p>Standards</p> <p>Modest clothing * Avoiding Temptation -</p>
# 36	<p>Understand the importance of truth in living a virtuous life</p> <p>Handout:</p>	<p>"Let Us Oft Speak Kind Words", Hymns #232;</p> <p>"Choose the Right", Hymns #239;</p>		<p>I3, I4, I5</p>	<p>Make changes to improve behavior in an area</p> <p>Tell the truth</p>

	<a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a>  <a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a>	<p>"Do What is Right", Hymns #237;</p> <p>"True to the Faith", Hymns #254;</p> <p>"Keep the Commandments", Hymns #303;</p> <p>"More Holiness Give Me", Hymns #131;</p> <p>"Truth Reflects Upon Our Senses", Hymns #273;</p> <p>"Teach Me To Walk in the Light", Hymns #304;</p> <p>"I Walk By Faith";</p> <p>"Battle Hymn of the Republic", Hymns #60;</p> <p>"Let the Holy Spirit Guide", Hymns #143;</p> <p>"As Zion's Youth in Latter Days", Hymns #256;</p> <p>"We Are All Enlisted", Hymns #250</p>			
# 37	<p>Learn to appreciate her physical body and keep it in the best condition possible</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"In Our Lovely Deseret", Hymns #207;</p> <p>"As Zion's Youth in Latter Days", Hymns #256</p> <p>;</p> <p>"Choose the Right", Hymns #239;</p> <p>"Do What is Right", Hymns #237;</p> <p>"Keep the Commandments", Hymns #303</p>			<p>Grooming, fitness &amp; strength activity (prior to lesson) -</p> <p>Physical Fitness activity for 30 mins/day 5 days per two weeks -</p> <p>Games - AB p. 133</p>
	General Conference				Read 3 articles by Church leader
# 38	<p>Understand and desire to practice basic principles of good nutrition contained in the Word of Wisdom</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"In Our Lovely Deseret", Hymns #207;</p> <p>"As Zion's Youth in Latter Days", Hymns #256;</p> <p>"Choose the Right", Hymns #239;</p> <p>"Do What is Right", Hymns #237;</p> <p>"Keep the Commandments", Hymns #303</p>		C&A3, GW2	<p>Cooking healthy food, gardening * Nutrition expert - AB p. 27</p> <p>Prepare meals for needy family - freeze for later</p> <p>Compiling a Simplified Cookbook - AB p. 102</p> <p>Everyone in class bring a favorite recipe prepared and share recipes.</p>
# 39	<p>Recognize the effects of drug abuse on the body and spirit</p> <p>Handout:</p>	<p>"In Our Lovely Deseret", Hymns #207;</p> <p>"As Zion's Youth in Latter Days", Hymns #256;</p>		C&A1, C&A2, C&A3, C&A4	<p>Drug abuse awareness, service project for drug rehab center</p> <p>Invite expert on issue such as drugs, alcohol, suicide, eating disorders.</p>

	<a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a>  <a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a>	"Choose the Right", Hymns #239;  "Do What is Right", Hymns #237;  "Keep the Commandments", Hymns #303			suicide, eating disorders.  Report to parents.
# 40	Recognize the value and benefit of good health care in the home  Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a>  <a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a>	"In Our Lovely Deseret", Hymns #207;  "As Zion's Youth in Latter Days", Hymns #256  "Choose the Right", Hymns #239;  "Do What is Right", Hymns #237;  "Keep the Commandments", Hymns #303			Emergency preparedness, first aid, home nursing skills, child care  Physical Preparedness Night+
# 41	Know she has the ability to succeed  Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a>  <a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a>	"I Am A Child of God", Hymns #301;  "I Stand All Amazed", Hymns #193;  "Teach Me to Walk in the Light", Hymns #304		IW2	Self-esteem activities
# 42	Have the courage to accept opportunities to improve her life  Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a>  <a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a>	"Onward, Christian Soldiers", Hymns #246;  "Scatter Sunshine", Hymns #230;  "Count Your Blessings", Hymns #241;  "How Firm a Foundation", Hymns #85;  "Let Us All Press On", Hymns #243;		IW4	Try new sports or skill - * Understand moral courage  Problem-Solving Activities - AB p. 131-132  Evaluate your activities, journal -  Create something -  Learn 3 church songs - share  Take charge of the choices you make in your life  Make Community better -
# 43	Recognize the feelings of self-esteem which accompany righteous living  Handout: <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a>  <a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a>	"How Great Thou Art", Hymns #86;  "How Firm a Foundation", Hymns #85;  "I Am A Child of God", Hymns #301;  "I Stand All Amazed", Hymns #193		F2, C&A1, C&A2	Self-esteem activities  Journal choices that built self-esteem -

# 44	<p>Understand the importance and benefits of using time wisely</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p>www.christysclipart.com/manual1.html</p>	<p>"O Saints of Zion", Hymns #39;</p> <p>"As Zion's Youth in Latter Days", Hymns #256;</p> <p>"Keep the Commandments", Hymns #303</p>		C&A3	<p>Time management</p> <p>Any value experience and especially Laurel projects</p>
# 45	<p>Appreciate the value of work</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p>www.christysclipart.com/manual1.html</p>	<p>"Behold! A Royal Army", Hymns #251;</p> <p>"Choose the Right", Hymns #239;</p> <p>"Have I Done Any Good", Hymns #223;</p> <p>"Let Us All Press On", Hymns #243;</p> <p>"Put Your Shoulder to the Wheel", Hymns #252</p>		K5	<p>Career night</p> <p>The Activity Book</p> <p>- Cleaning the Meetinghouse p. 49</p> <p>- Cleaning the Meetinghouse Grounds p. 50</p> <p>- Cleaning &amp; Repairing Hymnbooks p. 51</p> <p>- Repairing &amp; Cleaning Nursery or Primary Toys p. 52</p> <p>Earn money to donate to Mission Fund</p> <p>(Prepare for Tithing settlement)</p>
# 46	<p>Understand the purpose and value of education throughout her life</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p>www.christysclipart.com/manual1.html</p>	<p>"Home Can Be a Heaven on Earth", Hymns #298;</p> <p>"Teach Me to Walk in the Light", Hymns #304</p>		K1	<p>Vocation or education activity</p> <p>Tutor a child in need</p> <p>Study more diligently -</p>
# 47	<p>Appreciate and encourage the development of talents</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p>www.christysclipart.com/manual1.html</p>	<p>"Behold! A Royal Army", Hymns #251;</p> <p>"Choose the Right", Hymns #239;</p> <p>"Have I Done Any Good", Hymns #223;</p> <p>"Let Us All Press On", Hymns #243;</p> <p>"Put Your Shoulder to the Wheel", Hymns #252;</p> <p>"Home Can Be a Heaven on Earth", Hymns #298;</p> <p>"Teach Me to Walk in the Light", Hymns #304</p>		IW3, IW4, IW7, K2, K3, K7	<p>Talent night * Develop a talent - Teach your talent</p> <p>Make collage of self</p>
# 48	<p>Understand how ...</p>	<p>"Behold! A Royal Army", Hymns #251;</p>		IW1, C&A5	<p>Goal-setting - AB p. 4</p>

	<p>goals can help to achieve long range goals</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>"Choose the Right", Hymns #239;</p> <p>"Have I Done Any Good", Hymns #223;</p> <p>"Let Us All Press On", Hymns #243;</p> <p>"Put Your Shoulder to the Wheel", Hymns #252;</p> <p>"Home Can Be a Heaven on Earth", Hymns #298;</p> <p>"Teach Me to Walk in the Light", Hymns #304</p>			
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# 49	<p>Understand the principles and steps involved in correctly delegating responsibilities to others</p> <p>Handout:  <a href="http://www.jennysmith.net/yw/yw-lessons.php?mauanlid=1">www.jennysmith.net/yw/yw-lessons.php?mauanlid=1</a></p> <p><a href="http://www.christysclipart.com/manual1.html">www.christysclipart.com/manual1.html</a></p>	<p>Behold! A Royal Army", Hymns #251;</p> <p>"Choose the Right", Hymns #239;</p> <p>"Have I Done Any Good", Hymns #223;</p> <p>"Let Us All Press On", Hymns #243;</p> <p>"Put Your Shoulder to the Wheel", Hymns #252;</p> <p>"Home Can Be a Heaven on Earth", Hymns #298;</p> <p>"Teach Me to Walk in the Light", Hymns #304</p>			<p>Leadership Training Activity (during winter break)</p> <p>Plan Community project -</p> <p>Plan to improve reverence</p> <p>Organize a standards panel -</p>
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**Resources:**

**\*'Young Women Strengthening Families' by Linda Dastrup 1998**

**+mormons.org (Young Women corner section)**

**youngwomen.faithweb.com (handouts, lesson ideas, activities, values, camp, personal progress, etc.)**

**members.xoom.com/Lblake/index.html (retention, BYC, fund-raisers, games, handouts, holidays, planning, mothers, secretaries, plus much more)**

**generalconference.com (audio archives of conference)**

**mormontown.com (like an old newspaper)**

**lds youth.com (dating ideas and more)**

**FHE (Family Home Evening Resource Manual)**

**AB (Activity Book)**

**Personal Progress Book:**

**Faith (F), Divine Nature (DN), Ind. Worth (IW), Knowledge (K), Good Works (GW), Choice and Acct. (CA), Integrity (I)**